

Afternoon

2:00	79	High Jump	Elementary Boys	F
	80	Discus Throw	Elementary Girls	F
	81	4 X 100 M Relay	Elementary Girls	TT
	82	4 X 100 M Relay	Secondary Girls	TT
	83	4 X 100 M Relay	Elementary Boys	TT
	84	4 X 100 M relay	Secondary Boys	TT
	85	1500 M	Elementary Boys	F
	86	1500 M	Secondary Boys	F
	87	1500 M	Elementary Girls	F
	88	1500 M	Secondary Girls	F

* SE – Single Elimination

May 2, 2009	Morning	DAY 5	SATURDAY	
7:30	89	3,000 M	Secondary Girls	F
	90	Javelin Throw	Elementary Girls	F
	91	High Jump	Elementary Girls	F
	92	High Jump	Secondary Girls	F
	93	200 M	Elementary Boys	F
	94	200 M	Secondary Boys	F
	95	200 M	Elementary Girls	F
	96	200 M	Secondary Girls	F
	97	4 X 400 M Relay	Elementary Boys	TT
	98	4 X 400 M Relay	Secondary Boys	TT
	99	4 X 400 M Relay	Elementary Girls	TT
	100	4 X 400 M Relay	Secondary Girls	TT
	Afternoon			
1:30	101	Pole Vault	Secondary Boys	F
	102	4 X 100 M Relay	Elementary Girls	F
	103	4 X 100 M Relay	Secondary Girls	F
	104	4 X 100 M Relay	Elementary Boys	F
	105	4 X 100 M Relay	Secondary Boys	F
	106	4 X 400 M Relay	Elementary Girls	F
	107	4 X 400 M Relay	Secondary Girls	F
	108	4 X 400 M Relay	Elementary Boys	F
	109	4 X 400 M Relay	Secondary Boys	F

* Aquatic sports will be scheduled in coordination with the TM for Swimming while Bocce Schedule for MC will be set in coordination with the coaches of Delegations with Special Games Entries.

Prepared By:


VIRGILIO PADILLA

Tournament Manager, Palara 2009

Noted:


BARTOLOME T. TENEZA

Tournament Director, Palara 2009

Individual Events, Combative Sports,
 Special Games-SPED Sports & Board Game

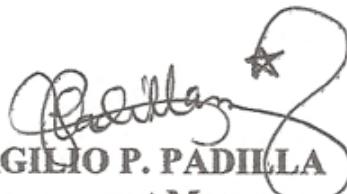
PALARONG PAMBANSA 2009
LEYTE SPORTS DEVELOPMENT CENTER
TACLOBAN CITY, LEYTE
April 27-May3, 2009

To All Coaches:

Please be informed of the following changes of schedule in THROWING EVENTS and HIGH JUMPS due to the unavailability of the throwing area and jumping area for it will also be used by the Soccer.

APRIL 27, 2009	7:30 AM	Javelin Throw	Elem. Girls
(Monday)		Javelin Throw	Sec. Girls
	1:30 PM	Discus Throw	Elem. Boys
		Discus Throw	Sec. Girls
		Shot Put	Elem. Girls
		Shot Put	Sec. Boys
APRIL 28, 2009	2:00 PM	Javelin Throw	Sec. Boys
(Tuesday)		Javelin Throw	Elem. Boys
		High Jump	Sec. Boys
		High Jump	Sec. Girls
APRIL 29, 2009	5:30 AM	Discus Throw	Sec. Boys
APRIL 30, 2009	5:30 AM	Discus Throw	Elem. Girls
MAY 1, 2009	5:30 AM	Shot Put	Elem. Boys
(Friday)		High Jump	Elem. Boys
MAY 2, 2009	5:30 AM	Shot Put	Sec. Girls
(Saturday)		High Jump	Elem. Girls

Prepared by:


VIRGILIO P. PADILLA
Tournament Manager
Athletics